



Summer Intensive Dress Code

The dress code for the Summer Intensive Program has been established for the teachers' and students' benefit. Adhering to the dress code allows teachers to observe students' bodies in order to address alignment, posture, and technique. We ask for cooperation from both teachers and students in regards to enforcing the dress code. Please label all items with your student's name.

Ballet/Pointe/Men's/Variations/Partnering

Ladies:

Leotard – Solid colored

Tights - Pink convertible tights free of holes. Tights must stay over the foot while in ballet class.

Shoes - Pink canvas or leather ballet slippers. Pointe shoes must have both ribbons and elastic.

Skirts - May be worn for pointe and variations class only.

Hair - Should be up and away from the face in a bun, french twist or similar.

Gentlemen:

T-shirt - White, fitted, and tucked in

Tights/leggings or shorts – Black (no baggy clothes)

Socks - White

Shoes – White canvas or leather

Modern, Hip-Hop, Jazz, and Additional Classes:

* Students may wear a leotard and tights of any color.

* Dance pants/leggings may be worn for Modern, Hip-Hop & all additional classes.

* No bulky oversized t-shirts or sweats allowed.

* Clean tennis shoes with non-marking soles (for Hip-Hop)

* Character shoes (for Character)

* Knee length character skirt (for Character)

* Foot Undeez or similar are acceptable for Modern dance classes if a dancer choose not to go bare foot.

Additional Required Items:

* Yoga mat and/or towel for Pilates

* Theraband or exercise band in blue “extra heavy weight”

* Water bottle

*** Yoga mats, therabands, and water bottles are available for purchase in the studio office***